



'I can and dare'

Experienced development processes after attending a sports camp for people with cerebral palsy

elsass
fonden

Mie Maar Andersen
The Danish Knowledge Centre on Disability

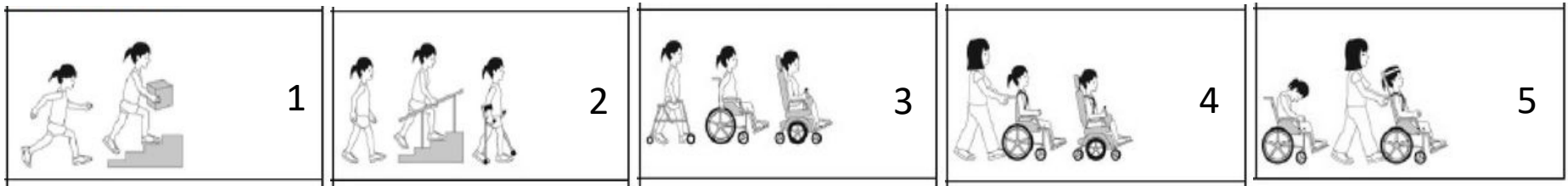
UNIVERSITY OF
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Camps & Cerebral palsy

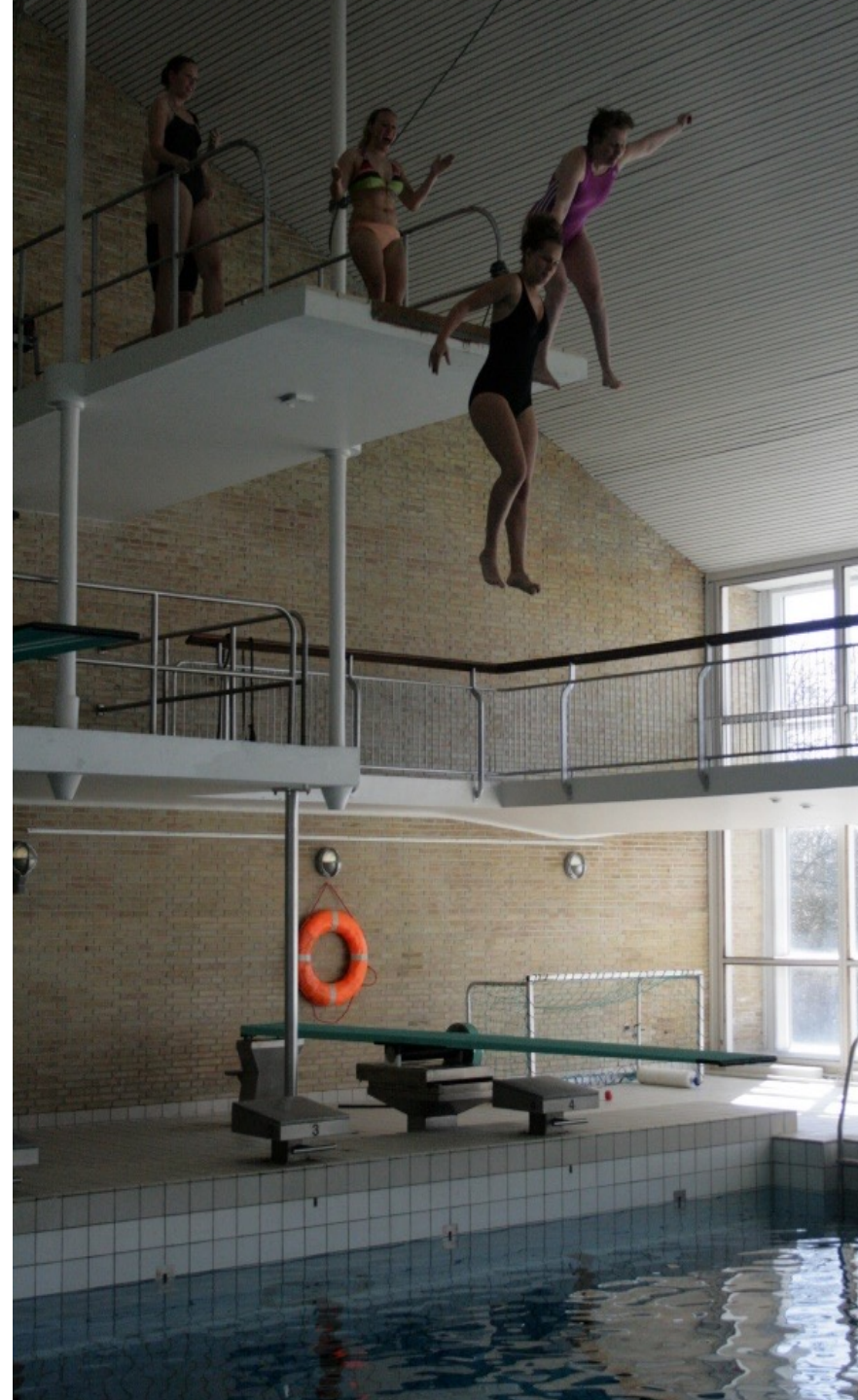
- 1 camp for children (10-13 years old, GMFCS 1-2)
- 1 camp for teenagers (14-18 years old, GMFCS 1-2)
- 1 camp for teenagers in wheelchair (13-18 years old, GMFCS 3-4)
- 1 camp for adults (18 + years old, GMFCS 1-2)

GMFCS



The intervention: Sports camp

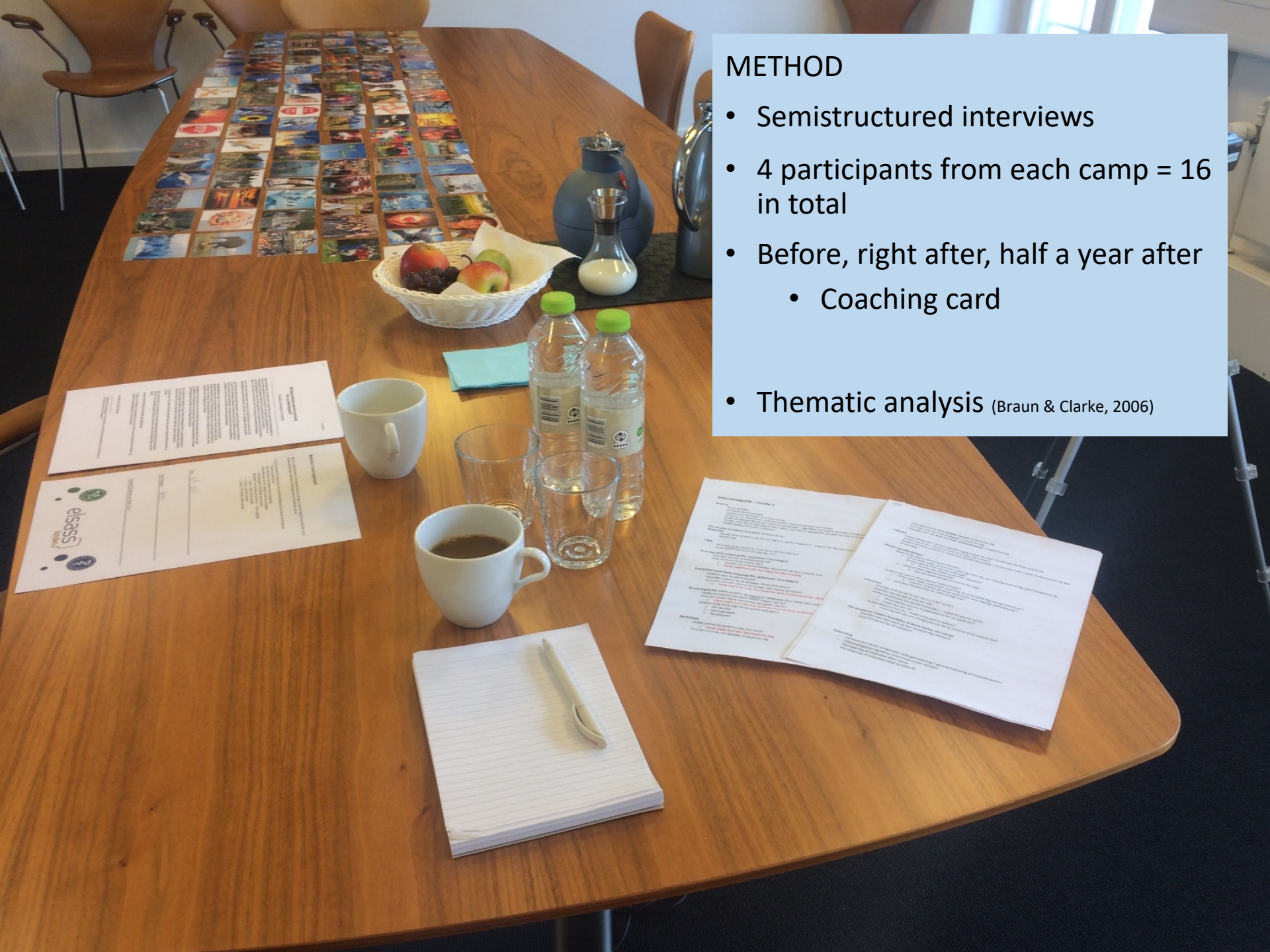
- Holistic focus
- Adapted Physical Activity (APA)
- 4 days including accomodation





METHOD

- Semistructured interviews
- 4 participants from each camp = 16 in total
- Before, right after, half a year after
 - Coaching card
- Thematic analysis (Braun & Clarke, 2006)





Direct transfer



Results

Adaptive transfer



Social participation



Approach to challenges



Stories and personal narratives



Activity participation





Yes, BUT...

Limited potential due to the contrast with everyday life

- Left alone – intensity
- Lack of understanding

It calls for a better transition!



Thank

you

